



Cloth Face Coverings

The Centers for Disease Control recommends that the public **use cloth face coverings to slow the spread of COVID-19**. These face coverings can be masks, bandannas, or any breathable material that covers your nose and mouth.

Frequently Asked Questions About Cloth Face Coverings (CFC)

Why should I wear a CFC?

Cloth face coverings help stop droplets in the air from getting to your nose or mouth, as well as stop droplets from being expelled into the air when you sneeze or cough.

Droplets are the main way COVID-19 spreads. Wear a cloth face covering to help protect yourself and others, even if you do not think you are sick. It is possible for people to spread the virus without feeling sick.

When should I wear a CFC?

The CDC recommends that you wear a face covering whenever you go somewhere you can't maintain 6 or more feet from other people like the store and post office.

How many CFCs do I need and where should I store them when I'm not using them?

The number of cloth face coverings each person should have depends on how often they leave their home. You should have enough cloth facial coverings so that you always have a clean one available.

Dirty cloth face coverings should be stored in a dedicated bin or bag until they are cleaned.

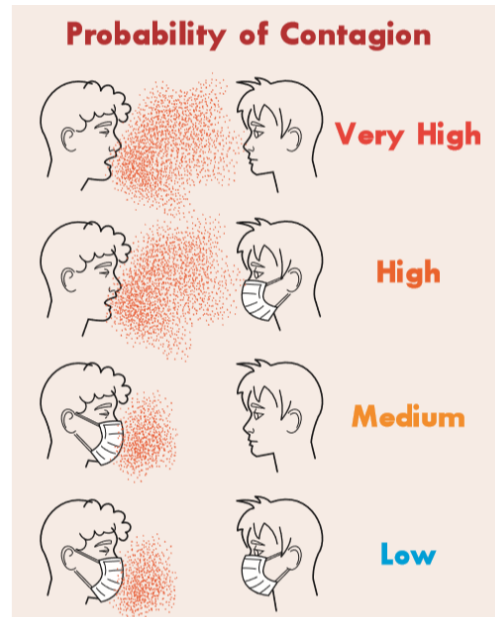
Clean cloth face coverings should be stored in a clean container or bag when not being used.

How do I put my CFC on and take it off to avoid exposure?

Be careful to only touch the straps when putting on and taking off your face covering. Do not touch your eyes, nose or mouth at any time while wearing your face covering. Wash your hands thoroughly after taking your face covering off.

How do I clean my CFC?

To clean your face covering, wash with soap and warm water, then dry on high temperature. Warm, soapy water is key. If you do not have a washer and dryer, hand-wash with soap and hang dry in an area where nothing will touch it.



Like this illustration, make sure your facial covering covers your nose and mouth. Wearing the covering any other way is not effective.

